

St. John's Anglican Church, 31 Avenue Carnot, 06500 Menton, France

Website: <http://www.anglicanchurchmenton.com>

Sunday Service – Eucharist – 10.30

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The English Library, St. John's Church, Menton – Closed at present

Books available on loan in The Louvre on Saturday mornings from 9.30-11.30

Refreshments also available

The British Association, Menton Chair: Birgitt Nordbrink Tel. 04 93 28 10 02

A representative of the Association is present in the Louvre, Saturdays 9.30-11.30

The Anglican Community, Bordighera

The English Cemetery Chapel, Via del Campo, Bordighera, Italy

Eucharist Service: usually 2nd Wednesday of each month – 10.30

Telephone for confirmation

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Eucharist Service - Sundays 10.30

Holy Communion or Shared Prayers – Wednesdays 12.30

Website: www.anglicanchurchgenoa.org

THE CROSS BORDER

Newsletter
JANUARY 2016

**ST. JOHN'S ANGLICAN CHURCH
is closed at the moment awaiting restoration**

EUCCHARIST SERVICE EVERY SUNDAY - 10.30am

in the Chapelle St. Roch, Place Saint Roch, Menton

ENGLISH CEMETERY CHAPEL, BORDIGHERA

EUCCHARIST

WEDNESDAY 13 JANUARY 10.30am

THE CHURCH OF THE HOLY GHOST, GENOVA

EUCCHARIST EVERY SUNDAY - 10.30am

A light to reveal you to the nations...

Yes, you're right: that is, if you recognise that line as a part of the closing verse of the *Nunc dimittis* – the Song of Simeon.

The *Nunc dimittis* is the canticle used by much of the Christian community at Night Prayer, the final prayer of the day:

*Now, Lord, you let your servant go in peace:
your word has been fulfilled.*

*My own eyes have seen the salvation
which you have prepared in the sight of every people;*

*A light to reveal you to the nations
and the glory of your people Israel.*

I want to commend this canticle to you as a prayer to be used throughout this new year.

We have emerged (some might say, survived) the splendour, the beauty, the rush, the chaos, the thrill of Christmas, and now it's "back to reality". Reality for those of us within the faith community is to continue living with the felt, experienced, known reality of Jesus born again in our hearts. The child whom we adored with the wise men in Bethlehem, and for whom we sang praise with the shepherds living in the fields, is *Emmanuel* – God with us.

Our own eyes have seen the salvation which God has prepared in the sight of every people.

And so rather than sigh at the thought of another year of failed new year resolutions, we say, "Now Lord, you let your servant go in peace, your word has been fulfilled." We can face 2016 with courage, with confidence, with hope and anticipation because this Jesus whose birth we have celebrated this past week, is present with us – God with us – as we begin this new year. A glorious year awaits us – a New Year – in which we commit ourselves to living in the daily presence of Jesus, *Emmanuel*.

It comes as no surprise then that the first great Feast we celebrate after Christmas is Epiphany – the obedience of those wise men in following the star leading them to Jesus.

If there is just ONE thing we might do as we begin this new year, as we hold (1)

How safe is your fridge?

Years ago, people shopped very often, and the food in their kitchens was fresh. Nowadays, people tend to shop weekly, or fortnightly. A lot of bugs can breed in that time! So here are five simple tips to ensure that the people who dine at your house may go on to lead normal, healthy lives (?!).

1. Keep cheese and dairy products at the top of the fridge, with cooked meats and meat products just below.
2. The door is the warmest part of your fridge, so make more use of the shelves. Milk is especially sensitive to temperature changes, so store as much of it on a shelf as you can.
3. Always store raw meat or fish at the bottom of the fridge in sealed containers, where the juice cannot drip on anything else, and where it is coldest.
4. Don't refrigerate tomatoes, cucumbers, bread or potatoes. Tomatoes and cucumbers lose quality. Bread goes stale. Uncooked potatoes in the fridge can increase in sugar content, leading to higher levels of a chemical called acrylamide (linked to cancer) when they are baked, fried or roasted at high temperature.
5. Adopt a 'first in, first out' drill to use food in order, and place new items behind existing ones.

What are you thinking? Time to throw out all the leftovers from Christmas and the New Year? and spring clean the fridge.....

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When you take time with God

and listen to His voice,

He renews your strength and enables you to handle life.

FROM THE CHURCH OF ENGLAND/UK WEBSITE:

justpray.uk

In the noise and tumult of this world may we find peace.

In the darkness let us find light, in despair, hope.

Let the homeless come to a home, and the loveless find love.

May we not be scattered by cynicism and doubt,

but be bound by community and the joy of shared life.

NEW YEAR'S CAKE

<i>2015 doubts and fears</i>	<i>5 cups of peace</i>
<i>12 months of hurts</i>	<i>4 cups of love</i>
<i>7 days of tears</i>	<i>3 cups of joy</i>
<i>6 cups of patience</i>	<i>2 helping hands</i>
<i>1 large heart</i>	

Put the doubts, fears and hurts into a large saucepan.
 Pour in the tears and simmer until evaporated.
 Add 6 cups of patience, 4 of love, 3 of joy and 1 large heart.
 Knead with two helping hands.
 Put on a baking tray and sprinkle with peace.
 Cook with tender care, allow to cool then cut into 365 small pieces..
 wrap in Gold foil and freeze.

Serve each day to the needy!

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Did you know?

In the 40 years since they became legal, there were 6.5 million abortions in England and Wales – equivalent to the entire 2011 population under 10 years of age in those two countries

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Wise Men? I was telling my three boys the story of the Nativity and how the Wise Men brought gifts of gold, frankincense and myrrh for the infant Jesus. Clearly giving it a lot of thought, my six-year-old observed, “Mum, a Wise Woman would have brought nappies.”

What do you do with an angry candle? WHEN IT FLARES UP, PUT IT OUT

When does a sailor take up least room in his ship? WHEN HE SLEEPS ON HIS WATCH.

Why is it dangerous to have a nap in a railway carriage? BECAUSE THE TRAIN RUNS OVER SLEEPERS.

WOOD ENGRAVING OF ST. JOHN'S CHURCH

Recently, an historically valuable coloured print of St. John's has turned up at a local brocante. The Archive Office was most interested as it is possibly a unique view, showing the steeple, which was destroyed in the 1887 earthquake. The Old Town of Menton and the St. Michael Basilica can be seen across the bay.

We are very grateful to a local printer who, with the use of modern technology, has been able to make 'cleaned-up' prints of the original for us. (the measurement is roughly 25 x 20cm) Valerie will be glad to show you a print during coffee on Saturday mornings at the Louvre.

If you wish to have a copy to keep for posterity, Jane will be happy to order one for you, price €15. She may be contacted at devriessj@cs.com

Jane has also made some greetings cards of this print, and Valerie is selling them at the coffee morning at €1,50 each in aid of church

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