

St. John's Anglican Church, 31 Avenue Carnot, 06500 Menton, France

Website: www.anglicanchurchmenton.com

Sunday Service – Eucharist – 10.30am

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The English Library, St. John's Church, Menton

Books & DVDs available in The Louvre on Saturday mornings from 9.30-11.30
Refreshments also available

The British Association, Menton Chair: Birgitt Nordbrink Tel #33(0)4 93 28 10 02

A representative of the Association is present in the Louvre, Saturdays 9.30-11.30

The Anglican Community, Bordighera

The English Cemetery Chapel, Via del Campo, Bordighera, Italy

Eucharist Service: usually 2nd Wednesday of each month – 10.30am

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The Church of the Holy Ghost, Genova

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Eucharist - Sundays 10.30am

Holy Communion or Shared Prayers – Wednesdays 12.30

Website: www.anglicanchurchgenoa.org

**THE
CROSS BORDER**

Newsletter

SEPTEMBER 2019

CREATIONTIDE

ST. JOHN'S ANGLICAN CHURCH

**Services held in the Chapelle St. Roch,
Place Saint Roch, Menton**

(until restoration of St. John's Church is completed)

**EUCCHARIST
EVERY SUNDAY - 10.30am**

**THE ENGLISH CEMETERY CHAPEL
BORDIGHERA**

**EUCCHARIST
WEDNESDAY 11 SEPTEMBER 2019 - 10.30am**

THE ANGLICAN CHURCH OF THE HOLY GHOST, GENOVA

EUCCHARIST EVERY SUNDAY - 10.30am

HOLY COMMUNION or SHARED PRAYERS every Wednesday 12.30pm

READINGS for SERVICES in SEPTEMBER 2019 YEAR C

NEWS from THE DIOCESE

September 1	First Reading Psalm Second Reading Gospel	Ecclesiasticus 10.12-18 112 Hebrews 13.1-8, 15-16 Luke 14.1, 7-14
September 8	First Reading Psalm Second Reading Gospel	Deuteronomy 30.15-20 1 Philemon 1-21 Luke 14.25-33
September 15	First Reading Psalm Second Reading Gospel	Exodus 32.7-14 51.1-10 1 Timothy 1.12-17 Luke 15.1-10
September 22	First Reading Psalm Second Reading Gospel	Amos 8.4-7 113 1 Timothy 2.1-7 Luke 16.1-13
September 29	First Reading Psalm Second Reading Gospel	Amos 6.1a, 4-7 146 1 Timothy 6.6-19 Luke 16.19-31

On 30th July, at a prestigious ceremony held at the Palazzo Chigi in Rome, On. Giuseppe Conte, Prime Minister of Italy and The Revd. Canon Vickie Sims signed in full the Treaty (Intesa) between the Italian Republic and the Association “Chiesa d’Inghilterra” (ACDI), which represents the Church of England in Italy. The Prime Minister has agreed to present to the Italian Parliament the Legislation to approve the Intesa. Parliamentary approval will be the final step in the process.

The Treaty ensures the full legal recognition of the Chaplaincies and congregations in Italy. All the members of the ACDI i.e. chaplaincies, congregations in Italy of the Archdeaconry of Italy and Malta, Diocese in Europe, Church of England, will benefit from what is agreed in the Treaty (Intesa).

(See the Diocesan website for details <https://www.europe.anglican.org>)

The Diocese of Europe is recruiting **an Archdeacon** for the Archdeaconry of Gibraltar and the Archdeaconry of Italy and Malta.

The role is to support and nurture Anglican clergy and churches in Spain (including the Balearic and Canary Islands), Gibraltar, Andorra, Portugal (including Madeira) and Marocco, together with Italy and Malta.

A full vacancy description is at the following link:
AD-Gibraltar-Italy-Malta-Aug19

Closing date for application : 12th September

Where now?

A teacher was finishing up a lesson on the joys of discovery and the importance of curiosity. “Where would we be today”, she asked, “if no one had ever been curious?”
One child quietly spoke up from the back of the room, “In the garden of Eden?”

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BAPTISMS, CONFIRMATIONS, MARRIAGES, FUNERALS

**arrangements may be made by contacting
the churchwardens**

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The Church of England invites to Holy Communion all baptized persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing.

Life at St. James-the-Least

*The Rectory
St. James the Least*

My dear Nephew Darren,

Quite frankly, I thought that you had at least a degree of common sense, even if it would need tracker dogs to find it. When a dishevelled stranger arrives on your doorstep, claiming to be a representative from your insurance company, why do you believe him? And when he asks about the location and contents of the church safe, it might not have been unreasonable to wonder if all was as it seems.

I do think that to give him the keys to the vestry and the safe combination number while telling him you would call back in half an hour after doing a baptism visit, was hardly the wisest of decisions. You may as well have helped him load the contents into his van. Being innocent as a dove is commendable, but being as wary as a serpent does have its advantages.

Thank goodness that at least your Communion vessels are not silver. Instead they consist of singularly shaped pottery cup and bowl that not even the thief would touch. As I recall, dear Mrs Sprogg here at St. James the Least of All made them while she was learning her new hobby last Spring. (I was not surprised when, having finished the cup and bowl, she decided pottery was not her vocation, and turned to pig rearing instead.)

But in the meantime, she wanted a home for her extraordinary creations. She tried to slip them past me, into St. James. And I diverted her by saying that YOUR parish would be charmed to be the recipients of such munificence. I believe I even went so far as to say that her earthenware creations would be objects of wonder to your congregation. (If not objects of sheer astonishment.)

Your letter of thanks was much appreciated, although she was a little disappointed with your rapid refusal when she later offered to make you a ten foot clay figure of Jesus. I saw the nearly completed work: it was a Picasso in pottery.

No, you must learn to spot a con man at a hundred paces. You may have tramps there, but we have gentlemen of the road here – and I owe one of ours a debt of gratitude. His tip for the 2.30pm at our local racecourse enabled us to acquire the splendid new nave chandelier – although explaining the source of the money in our parish magazine needed careful wording.

I am obliged to concede that judging someone by their dress is not always easy. I was once confronted by an appallingly dressed man on the doorstep, who looked lost. Before he could utter a word, I gave him a broom and told him to sweep the leaves in the Rectory drive, while I made him a sandwich and a mug of tea. It was only when I took them out to him as he was quietly working that I discovered he was the Duke of Wittering, come to examine the tombs of his ancestors in the church. Once I pictured him in marble, lying prone with his hands together, I could see a family likeness.
Your loving uncle, Eustace

(9)

NEWS NEWS NEWS NEWS NEWS NEWS

Locum The Revd. David Houghton remains with us until 22nd September.

St. John's Restoration The latest news from St. John's is that the kitchen furniture has arrived and will be fitted as soon as the workmen return from their August holidays. Barbara Corry is eager to see what it looks like! If you would like to see inside the church, Barbara is on the spot on Thursday mornings when the gardening team meet – from 9.30-11.00.

The Louvre, Saturday mornings, 9.30-11.30

On sale: books, DVDs, bric-a-brac in aid of church funds for the restoration of St. John's. Refreshments are also served while you chat with your friends and meet new ones. We look forward to seeing you. Do come.

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A Prayer to God at this worrying time

Almighty God,

Grant that through our prayers
your Holy Spirit may give wisdom, inspiration and resolve
to our politicians, leaders and negotiators,
enabling them to make the tough decisions necessary
for all people
to live,
to hope,
and to shape
a better world.

In Jesus name we pray,

Amen

WE HAVE A NEWLY RESTORED CHURCH and A GARDEN,

please read the following:-

ENVIRONMENT POLICY - DIOCESE IN EUROPE
THE ENVIRONMENT AND THE MISSION OF THE CHURCH

The five marks of mission express the fundamental purposes of the church in a succinct way. They are backed by the Anglican Consultative Council, the Lambeth Conference of Bishops, and the General Synod. In brief they are Evangelism, Nurturing discipleship, Helping the needy, Struggling for justice, and Caring for the environment.. In full the Fifth Mark is :-

'To strive to safeguard the integrity of creation and sustain and renew the life of the earth'

The following clauses show how we can take further steps to put this into action at:

Chaplaincy, Community, and Individual level

1. We will take environmental concerns fully into account in our mission, worship, study, education, training, pastoral, administrative and other programs and projects.
2. We will identify environment issues in our chaplaincies, Archdeaconries or the Diocese as a whole, and devise appropriate action on them
3. We will undertake an 'environmental audit' of our premises and property and devise appropriate plans to care for the most significant aspects of the natural world which are our responsibility. Specifically, we will make an energy audit at least every three years and seek to save energy. Wherever possible.
4. We will ask our members to consider their personal impact on the environment in their daily lives.
5. We will support the work of local and national environmental organizations, as appropriate.
6. We will encourage the chaplaincy council, architects and contractors, to take environmental concerns fully into account in repair and construction work.
7. We will include environmental concerns in our worship and teaching, especially observing the period of Creation Time between the 1st September and the second Sunday in October each year.
8. We will encourage the use of environmentally-friendly forms of transport and offsetting of carbon emission.
9. We will encourage the reduction of consumption and the recycling of waste.
10. We will endeavour to appoint a chaplaincy environment officer. (3)

Let us pray together through September.....

Heavenly Father, We pray / give thanks for:-

1. *Light shines in the darkness for the upright* *Psalm 112*
2. Circle me Lord, keep protection near and danger afar
3. Those starting a new school year/in a new school
4. Teachers
5. your neighbours, the people in your street, those you know, those you don't know
6. a successful outcome of St. John's Restoration Project Appeal
7. Uphold those who wish to help others but are frustrated by opposition/indifference
8. *Lord, my delight is in your law* *Psalm 1*
9. I give my hands to you, Lord, I give my hands to you
10. I offer the work I do, Lord, I offer the work I do
11. I give my thoughts to you, Lord, I give my thoughts to you
12. I give my plans to you, Lord, I give my plans to you
13. God's almighty powers keep my daylight hours
14. God's spirit strengthen my days as they lengthen
15. *Father, I have sinned against heaven and before you* *Psalm 51*
16. Circle me Lord; keep hope within, keep doubt without.
17. Keep me close to you, Lord, keep me close to you
18. give thanks for time to relax and be refreshed
19. Circle me, Lord, keep peace within and keep evil out.
20. All who work in the health and caring services
21. all who give time to lead social activities
22. *Give praise to the Lord who lifts up the poor* *Psalm 113*
23. pray for those seeking employment
24. to protect your creation, Lord, help us be careful on how we use your resources
25. for greater understanding and tolerance of those who are 'different'
26. those who make us laugh
27. help us share the harvests of the world more fairly
28. for those who will 'drop in' for coffee or a chat at the Lourvre this morning
29. *Praise the Lord, O my soul* *Psalm 146*
30. At this harvest time, we give thanks for all the good things you give us

**Generous Lord, Help us to recognise the interdependence of all life
and the importance of just relations and community,
and help us to become good stewards of all you continue to give us**

**Lord, thank you for talking to us in our prayers
may we listen and act
amen**

Money One day a small boy started pulling handfuls of money out of his pockets – several notes as well as many coins. Bewildered, his mother asked. “where on earth did you get all that money?”

“At church, of course,” the boy replied, surprised. “They have bowls of it there”.

Give it up *Psychiatrists say it's not good for a person to keep too much to himself. The Inland Revenue people say the same thing.*

Shops Grandfather talked often about the 'good old days', when the cost of living was much lower. “When I was a lad,” he exclaimed, “my mother could send me to the local shop and I'd get some mince, two pints of milk, some bread, some tinned rice and a magazine – all for less than a pound!”

His young grandson protested: “Well, you couldn't do that now. They've got those video cameras everywhere you look!”

Misbehaving *Edward had been misbehaving and was sent to his room. After a while he emerged and informed his mother that he had thought it over and then said a prayer. “Fine”, said the pleased mother. “If you ask God to help you not misbehave, He will help you.” “Oh, I didn't ask Him to help me not misbehave,” said Edward. “I asked Him to help you put up with me.”*

What bird is always out of breath A puffin

No, not any The manager of the garden centre came out of his office to hear Jenkins, one of his most trusted assistants, saying to a lady customer: “no madam, we certainly haven't had any for some tiome, and who knows when we will get any.”

When the customer had gone, the manager tackled him: “I heard that, Jenkins,” he remonstrated, “and I must say that I am surprised at you. Never, never admit to a customer that we can't get them something. That's what we're here for. If it's out of stock, tell her you'll get it for her soon. Now, what was it the lady wanted?”

“Rain,” said Jenkins simply.

Sky fright *An airliner flew into a violent thunderstorm and was soon bumping around in the sky. One very nervous lady happened to be sitting next to a clergyman and turned to him for comfort. “Can't you do something?” she demanded forcefully. “I'm sorry ma'am,” said the minister gently. “I'm in sales, not management.”*

Still applicable today? In answer to the applicant's question, the interviewer said, “yes, we have a very good incentive system – two mistakes and you're fired”.

Feeling tired?

Get some energy!

It's only September, but do you feel tired already at the thought of the autumn ahead of you after the summer heat? Here are some simple tips for pepping up your energy levels!

1. **IF YOU ARE FEELING REALLY TIRED, GET A MEDICAL CHECK-UP**
You may have an underlying medical condition such as anaemia (low iron levels in the blood), under-active thyroid conditions, diabetes, depression, or insomnia.
2. **REVAMP YOUR DIET, MAKE SURE IT IS BALANCED!**
B vitamins give you energy: so eat plenty of cereal, whole grains, brewer's yeast, liver, eggs, and green leafy vegetables. You also need iron for red blood cell production - so eat red meat, fresh or dried apricots, spinnach and baked beans. And don't forget those five portions of fruits or vegetables a day.
3. **TACKLE YOUR MOOD**
If your tiredness starts in the autumn, reaches a peak at Christmas, and improves in spring – and comes back year after year, you may be suffering from Seasonal Affective Disorder (SAD). Light deprivation can lead to a deficiency in brain chemicals serotonin and dopamine, chemicals the brain needs to control mood, appetite, sleep and sexuality. Other symptoms include depression, and cravings for sweet food.
4. **GET MOVING**
Exercise gets more oxygen circulating round the body and can actually increase your energy levels. Brisk walking, some line dancing or an exercise class can work wonders – aim for 30 minutes every day.
5. **KEEP YOUR BLOOD SUGAR BALANCED**
Go careful on sugary refined foods which give you a short-lived high, but which ends in a 'low' which leaves you tired, hungry and fatigued. Aim instead for protein, non-starchy veg and whole grains.
6. **DRINK MORE.**
Low energy is also caused by simple dehydration, so aim for two litres of water a day. Tea, coffee and alcohol are all slightly dehydrating, so cut down on these.

A reflection for Creationtide from the Church of England website:

William Cowper (1731-1800) was one of the most popular English poets of the 18th century. He wrote the words to hymns including “God moves in a mysterious way” and “O for a closer walk with God.” He knew John Newton, who wrote the words to 'Amazing Grace' and wrote some poems to support the campaign to abolish slavery.

Cowper struggled with mental health problems for much of his life and found some solace by living in the countryside. Many of his poems, like this one, consider the role of different animals and elements of nature.

The Nightingale and Glow-worm

*A Nightingale that all day long had cheered the village with his song,
nor yet at eve his note suspended, nor yet when eventide was ended,
began to feel, as well he might, the keen demands of appetite;
when looking eagerly around, he spied, far off upon the ground,
a something shining in the dark, and knew the glow-worm by his spark;
so stooping down from hawthorn top, he thought to put him in his crop;
the worm, aware of his intent, harangued him thus right eloquent:*

*'Did you admire my lamp,' quoth he, 'as much as I your minstrelsy,
You would abhor to do me wrong, as much as I to spoil your song,
for 'twas the self-same power divine taught you to sing, and me to shine,
that you with music, I with light, might beautify and cheer the night.'
The songster heard his short oration, and warbling out his approbation,
released him, as my story tells, and found a supper somewhere else.*

*Hence jarring sectaries may learn, their real interest to discern:
that brother should not war with brother, and worry and devour each other,
but sing and shine by sweet consent, till life's poor transient night is spent,
respecting in each other's case the gifts of nature and of grace.*

*Those Christians best deserve the name, who studiously make peace their aim;
peace, both the duty and the prize of him that creeps and him that flies.*

Questions for reflection

- > How does the glow-worm convince the nightingale not to eat him?
- > What is the lesson that Cowper intends us to learn from this poem?
- > What “gifts of nature and of grace” do you think that God has given humanity?
- > What kind of peace and grace do you think humanity might need to come with nature?

29th SEPTEMBER - ST. MICHAEL and ALL ANGELS

Michael is an archangel, whose name means 'who is like unto God'. He makes various appearances throughout the Bible, from the Book of Daniel to the Revelation of John. In Daniel, he is 'one of the princes' of the heavenly host, and the special guardian of Israel. In Revelation, he is the principal fighter of the heavenly battle against the devil.

From early times, St. Michael's cult was strong in the British Isles. Churches at Malmesbury (Wiltshire), Clive (Gloucestershire) and Stanmer (East Sussex) were dedicated to him. Bede mentions him. St. Michael's Mount in Cornwall was believed to commemorate a vision there in the 8th century. By the end of the Middle Ages, Michael had 686 English churches dedicated to him.

In art Michael is often depicted as slaying the dragon, as in the 14th century East Anglican Psalters, or in Epstein's famous sculpture at Coventry cathedral. Or he is found (in medieval art) as weighing souls, as at Chaldon (Surrey), Swalecliffe (Oxon.), Eaton Bishop (Hereford and Worcester), and Martham in Suffolk.

Michael's most famous shrine in western Europe is Mont-Saint-Michel, France where a Benedictine abbey was founded in the 10th century. We are not without our Anglican churches dedicated to St. Michael in our Archdeaconry of France – one in Paris and another near to us on the Riviera, Beaulieu-sur-Mer.

The 'All Angels' bit of this Feast Day was added in 1969 when Gabriel and Raphael were included in with Michael.

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SNORKLING

What a wonderful summer it is for putting on a mask and slipping into the cool, calm sea to swim lazily through the clear, calm water. Shoals of very small fish the size of a thumb nail and larger ones the length of a hand do not move away. They swim all around quite fearlessly. A few sea urchins clinging to the rocks and an octopus spread out on a stone – difficult to see in the camouflage it's adopted, the same colours as the sand and seaweed growing on the stone. A sudden movement of a tentacle gave it away.

Skirting a large rock the sound of a young seagull 'pee-ooo' 'pee-ooo' breaks the silence. Its mother floats nearby encouraging him to come into the water – “look at me. You can do this too” she seems to say. 'pee-ooo' 'pee-ooo' 'pee-ooo' and finally he steps off the rock.

(Elizabeth Cordone)