

St. John's Anglican Church, 31 Avenue Carnot, 06500 Menton, France

Website: www.anglicanchurchmenton.com

Sunday Service – Eucharist – 10.30am

Priest-in-charge: Vacant

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The English Library, St. John's Church, Menton – Closed at present
Books available on loan in The Louvre on Saturday mornings from 9.30-11.30
Refreshments also available

The British Association, Menton Chair: Birgitt Nordbrink Tel. 04 93 28 10 02
A representative of the Association is present in the Louvre, Saturdays 9.30-11.30

The Anglican Community, Bordighera
The English Cemetery Chapel, Via del Campo, Bordighera, Italy

Eucharist Service: usually 2nd Wednesday of each month – 10.30am

Telephone for confirmation

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The Church of the Holy Ghost, Genova

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Eucharist Service - Sundays 10.30am

Holy Communion or Shared Prayers – Wednesdays 12.30

Website: www.anglicanchurchgenoa.org

THE CROSS BORDER

Newsletter
SEPTEMBER 2018

CREATIONTIDE

1st September - 4th October

ST. JOHN'S ANGLICAN CHURCH

**Services held in the Chapelle St. Roch,
Place Saint Roch, Menton**

(until restoration of St. John's Church is completed)

**EUCCHARIST
EVERY SUNDAY - 10.30am**

**THE ENGLISH CEMETERY CHAPEL
BORDIGHERA**

**EUCCHARIST
WEDNESDAY 12th SEPTEMBER - 10.30am**

THE ANGLICAN CHURCH OF THE HOLY GHOST, GENOVA

EUCCHARIST EVERY SUNDAY - 10.30am

HOLY COMMUNION or SHARED PRAYERS every Wednesday 12.30pm

Saint John's Church Progress Report

The work continues on the church. Stone by stone progress is made.

Please continue to keep St. John's in your prayers.

Mr. Ben Kuevidjen of USPG (United Society Partners in the Gospel) arrived in Menton Monday 9 July to meet the council members, tour the church and sign documents giving the church structure to the church members. The building had been held by USPG:

See our website for photos from the day. www.anglicanchurchmenton.com



PUMPKINS AND MARROWS - RECIPES

Two tasty recipes for the delicious pumpkins or local marrows (very similar to butternut squash, but much longer) now maturing fast, and seen in vegetable plots everywhere. They remain available in shops all through the autumn and winter, so buy one; they are very economical and will keep. Use them in these recipes offered by the website: lovefoodhatewaste.com

Pumpkin and Kumara Soup

Ingredients: 1 kg. Pumpkin/butternut squash, peeled and chopped

- 2 medium kumara (sweet potato) or ordinary potatoes, peeled and chopped
- 1 large onion, chopped
- 2 clove garlic, finely chopped
- 1 tspn curry powder, use more or less to taste
- 4 cups of water
- vegetable or chicken cube to taste

Method

* Put onion, garlic and curry powder in large pot with a little oil. Fry until onion is cooked, not brown.

* Add pumpkin, kumara, water and stock cube. Bring to boil and simmer for about 15 to 20 minutes or until vegetables are very soft and mushy.

- Remove soup from heat. Stir in milk and purée soup with a stick blender, mash with a potato masher, or blend in a food processor.
- If necessary gently reheat before serving. Serve with bread.

Locum Revd. Mary Strommen arrived to take her first service on 19th August. She remains with the chaplaincy until 24 September when Revd. Neville Griffiths arrives to be locum until 26 November. Mary is accompanied by her husband Einar.

General Synod – York 2018 From our diocesan website, some of the key points of interest to the Diocese from the July 2018 session of the General Synod of the Church of England held in York.

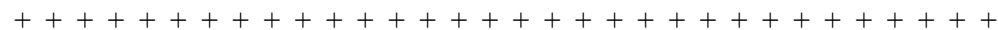
Ecumenical Relations Measure (and Canon 38) This is aimed at providing a greater degree of coherency in application and in particular now embraces all other Trinitarian Christian denominations (the previous version was limited to 'UK national' churches (URC etc), so this is of particular value to our diocese. This will now be presented to Her Majesty for adoption.

The Church Representation Rules The 'rules' have been updated and now provide greater flexibility. They are inevitably written around English parishes/dioceses and hence, as in the current 'Rules', there are a few rough edges insofar as we are concerned (but nothing that can't be 'fixed' by diocesan agreement as previously).

Points of particular interest to our diocese are:

- > there is an opportunity to give a reason why someone applying for membership of an Electoral Roll does not meet the preceding 6 month regular attendance criteria – particularly important for chaplaincies where members of the congregation may not have been residing in the chaplaincy immediately prior to the application.
- > there is greater flexibility in respect of determining members elected from chaplaincies to Archdeaconry/Deanery Synods which could be of assistance to very small chaplaincies.
- > the new rules will give our diocese a special provision for elections of lay members to general Synod. Each Chaplaincy's Annual Meeting will nominate an Elector/Electors.

The new rules now enter the next stage of General Synod process – it will be some time before they can be enacted and used.



Apologies for the mistake made on page 6 of the summer July/August issue of the Cross Border and hence on our website. Carolyn **Cooke** wrote the poem for World Refugee Day.

READINGS for SUNDAY SERVICES in SEPTEMBER 2018 - YEAR B

September 2 Trinity 14	First Reading Psalm Second Reading Gospel	Deuteronomy 4. 1-2, 6-9 15 James 1. 17-27 Mark 7. 1-8, 14-15, 21-23
September 9 Trinity 15	First Reading Psalm Second Reading Gospel	Isaiah 35. 4-7a 146 James 2. 1-10, (11-13), 14-17 Mark 7. 24-37
September 16 Trinity 16	First Reading Psalm Second Reading Gospel	Isaiah 50. 4-9a 116. 1-8 James 3. 1-12 Mark 8.. 27-38
September 23 Trinity 17 HARVEST THANKSGIVING	First Reading Psalm Second Reading Gospel	Joel 2. 21-27 126 1 Timothy 6. 6-10 Matthew 6. 25-33
September 30 Trinity 18	First Reading Psalm Second Reading Gospel	Numbers 11. 4-6, 10-16, 24-29 19. 7-14 James 5. 13-20 Mark 9. 38-50

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BAPTISMS, CONFIRMATIONS, MARRIAGES, FUNERALS

arrangements may be made by contacting
the churchwardens

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The Church of England invites to Holy Communion all baptized persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing.

* * * * *

Spiced Chicken and Pumpkin Bake

Ingredients: 2 tablespoons olive oil
 ½ large pumkin or large butternut squash, peeled and cut into chunks
 1 onion, halved and thinly sliced
 3 garlic cloves, flattened but not peeled
 8-12 chicken thighs (depends on how hungry people are)
 1 teaspoon chopped fresh thyme
 1 teaspoon cumin
 ½ teaspoon chilli flakes
 a pinch of ground cinnamon
 1 glass of white wine, stock or water
 200g. green beans, topped, tailed and cut in half
 salt and freshly ground black pepper

Method

Preheat the oven to 200°C Oil the bottom of a large, heavy-based roasting dish

Place pumpkin chunks, the onion and flattened garlic cloves into roasting dish

Place chicken in a bowl or big plastic bag and add herbs and spices, seasoning with salt and pepper. Ensure the thighs are well coated and then place on top of the vegetables.

Pop into the oven and bake 35 minutes. After this time, remove from oven, pour in the wine and stir through the green beans. Return to oven and bake 10 minutes. The wine will both steam the beans and make a sauce for the meal.

Serve with crusty bread to soak up the juices.

And GOD CREATED MORE LAUGHTER

“I would like to marry you” said the middle aged widow.

“But it frightens me that you have been married five times before”.

“Oh”, he said, “You mustn't listen to a lot of old wives' tales”.

From “more Holy Wit” by the Rev. A. Simpson

A SURPRISE ENCOUNTER

As usual in summer, I went down to our little beach for a swim. Nobody else there yet, but what was this laying on the beach? A strongly built windsurf with an equally strong sail and equipment fixed on the surf board bearing a notice in two languages – Spanish and French - “This has not been abandoned – it is part of an Expedition”.

I went for my swim and coming out of the water saw a man munching a sandwich and talking to the only other couple arrived on the beach; German friends. They beckoned me over and the newcomer was speaking English – he **was** English. He said he was going round Europe on his windsurf. I asked where he had started the journey and he replied 'Norway'. 'Norway? When?'. The answer 'May 2017'. It was now 20 July 2018! I wanted to know if he was doing it for a reason, a charity, or such like. He pointed to the sail - WWF was written there. Of course I wanted to know more and he again pointed to the sail 'you can follow me on that website www.windsurfroundeurope.eu' he said. We exchanged names – his is Jono – short for Jonathan Dunnett. (It made me think of Jonah and the whale).

Jono said: “I am proud to be supporting World Wildlife Fund for this Expedition. I am looking for quiet, unspoiled, natural spaces and the message of WWF is:-

.....to stop the degradation of our planet's natural environment, and building a future in which people live in harmony with nature.”

Now of course, I think - if only I'd known, we could have welcomed him, given him some food, a bed for the night (he'd slept on the beach – being a quiet, unspoiled, natural space), but these things happen and now it's too late, except ???

The last I saw of him he was on the sea going round the far headland. It all looked very hard work to me, as there was very little wind.

Do look at his website. There are photos and explanations of his experiences. When I last looked, he had arrived in the very south of Calabria, preparing to tackle the Strait of Messina. If you live on his route you, or friends, may be able to help him in some way. He expects to complete the expedition in 2019.

(Elizabeth Cordone)



'To strive to safeguard the integrity of creation
and sustain and renew the "life of the earth"
is the Anglican Communion's Fifth Mark of Mission.

CHAPLAINCY for SANTIAGO PILGRIMS

Canon Barbara Moss, who was our Locum Chaplain in Menton during July and early August, writes about a new project for the Diocese in Europe.

“Where are you going next?”, I am often asked. In October, I shall be one of the first pilgrim priests working as a seasonal chaplain in Santiago de Compostela.

This ancient pilgrim destination has attracted growing numbers in the last half-century, with more than 40,000 pilgrims claiming their Compostela (certificate) in Santiago in a summer month. They will have walked at least 100 km, and often much more. Last October saw over 30,000 pilgrims claiming certificates. About 1 in 6 was from an English-speaking country, the majority from the USA.

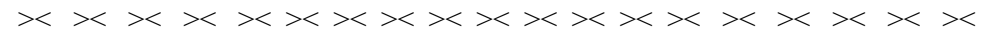
Many, especially those who walk alone, reach the end of the journey wondering “what now?”. The chaplaincy provides a place for English-speaking pilgrims to meet, worship together, and share their experiences. In this pilot project, an Anglican priest will be available from September 2 to October 23, with Morning Prayer, Evening Prayer and refreshments Monday to Friday, and Eucharist on Sundays and Wednesdays. We shall work closely with Roman Catholic and Free Church colleagues.

The plan is to offer an extended season next year, and to add another style of pilgrim priest, those who are themselves walking part of the Camino.

This chaplaincy is based at Egeria House (<http://egeria.house/chaplaincy>), the home of the coordinator, Sybille Yates.

Canon Barbara Moss

Thank you Canon Barbara for the above. Hopefully, it will encourage those, who have often thought of doing the walk, to decide and perhaps meet up with you at Santiago.
(Editor)



**O Father,
Your power is greater than all powers**

**O Son,
Under your leadership we cannot fear anything**

**O Spirit,
Under your protection there is nothing we cannot overcome.**

Kikuyu prayer, Kenya (4)

LET US PRAY TOGETHER DURING SEPTEMBER

Heavenly Father,

September 1 **WORLD DAY of PRAYER for CREATION**

Eternal God, you crown the year with goodness
and you give us the fruits of the earth in their season;
grant that we may use them to your glory,
for the relief of those in need, and for our own well-being,
through Jesus Christ our Lord, Amen

Week 1 ***'he brought us into this place and gave us this land,
a land flowing with milk and honey'***
(Deuteronomy 26.9)

Help us to protect your creation
by being careful about how we use your resources
that there will be clean water, clean air
and plenty of wild birds, mammals and insects
to maintain the ecological balance of our countryside.

Week 2 ***'Every good endowment and every perfect gift
is from above,
coming down from the Father of lights
with whom there is no variation or shadow
due to change.'***
(James 1.17)

We are conscious of so much that we get wrong,
so we give thanks for your grace and patience with us
when we fail to look after your world as we should.
Help us to change so that we become a new creation

Week 3 ***'He is like a tree planted by streams of water
that yields its fruit in its season
and its leaf does not wither.
In all that he does, he prospers. '***
(Psalm 1. 2-3)

We thank you for the hard work of all those who grow our food,
and ask You to bless those who do not earn a fair day's pay for their work

(5)

Week 4 ***I planted, Apollos watered, but God gave the growth***
(1 Corinthians 3.6)

Praise the Lord, praise the Lord!
Let the earth hear His voice;
praise the Lord, praise the Lord!
Let the people rejoice.
O come to the Father,
through Jesus the Son
and give Him the glory,
great things He hath done!

(from a Hymn by Frances von Alstyne, 1820-1915)

September 30 ***Waters shall break forth in the wilderness
and streams in the desert.***
(Isaiah 35.6)

Walk Lightly (by Linda Jones CAFOD)

Walk lightly.
Each leaf, each petal, each grain, each person
sings your praises, Creator God.
Each creature on the earth, all the mountains and the great seas,
show your glory, Spirit of Love.

And yet, the hand of greed has patented and plundered your splendour;
has taken and not shared your gift,
has lived as owner of the earth, not guest.

And so, the ice is cracked, the rivers dry,
the valleys flooded and the snow caps melt.

God our Father
show us how to step gently ,
to live simply,
to walk lightly
with respect and love for all that you have made.
Amen

**Source of all life, and giver of all that is good, hear our prayers and grant us all
that is in accordance with your will.**

(6)

CREATIONTIDE

is the period in the annual church calendar (from 1 September to 4 October) dedicated to God as Creator and Sustainer of all life.

On Friday, 31 August, Elizabeth Busmann-Morton will be representing the Diocese in Europe at the 'Assisi First Ecumenical Prayer for Creation Walking to COP24'. Elizabeth wishes us to pray together in our chaplaincies and during the whole Season of Creation. But perhaps particularly for those on the pilgrimage to Katowice in Poland, where COP24 will take place from 3-14 December 2018 praying particularly that at that crucial international event there will be a real upholding of the Paris Agreement and a sincere undertaking to implement that agreement.

For Anglicans Creationtide is also a time when we celebrate Harvest, give thanks for the food we have and take action for those in need

HARVEST THANKSGIVING SERVICE

Our Harvest Thanksgiving Service will be on **Sunday 26 September** in the Chapelle Saint Roch. A retiring collection will be made after the Service and food will be bought and given to the Association 'Primo Fiore' in Sanremo, which provides a meal every day for those who are in need.

The building is in the centre of Sanremo. It was donated for use as a kitchen to serve meals to the poor and needy. Volunteers prepare the evening meal and serve them at beautifully set small tables. There is a certain dignity about the whole place, with its possibility of having a shower or wash, of entering a little chapel to pray a moment, of sitting in the library and reading a christian book, before enjoying the meal.

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**and GOD CREATED SMILES and LAUGHTER .....**

children's queries ..... and answers .....

**What tree are deck chairs made from?** A beech tree

**What swings from a tree in a suit and tie?** A branch manager.

**What is the smallest ant in the world?** An infant.

**What bird is always out of breath?** A puffin

**What is hot, greasy, and makes you feel bad?** A chip on your shoulder

Choirmaster: **"No, boys, 'refrain' does not mean you stop singing.**

## Thoughts on Reading in Church

*Chris Huband has begun reading at St. Michael's Macclesfield and has kindly written down his thoughts on reading in church:*

As readers at St. Roch, we have a certain advantage in that there are no pew bibles. This means that if we pre-read the passage we are assigned at home, then provided we make it clear from which version of the bible we are reading then, hopefully, the priest in charge will not object to us using our own bible rather than the printed sheet so kindly provided. In this way we will be potentially more comfortable with the text.....

\* Think about personalizing the passage by saying what the passage is about before reading it.

\* A tip I picked up on public speaking at business school was that eye contact towards the audience/congregation is vital. It is best to choose an object at the back of the chapel, such as the door, and focus on that. In order not to lose your place, try running your finger along the text so you know where to return to when you pause.

\* Try to speak a little slower than you would in ordinary parlance. I find it is easy to over-run the passage, so you could place a post-note at the end to prevent this happening.

All in all I think we already do a pretty good job as readers at St. Roch. The above suggestions are just refinements which will prepare us well for when we finally return to our own church of St. John's.

*Chris Huband*

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Happiness

Happiness is something we create in our mind,
not something we search for and so seldom find.
It's just waking up and beginning the day
by counting our blessings and kneeling to pray.
It's giving up thoughts that breed discontent
and accepting what comes as a gift heaven-sent.
It's giving up wishing for things we have not
and making the best of whatever we've got.

Anon