<u>St. John's Anglican Church</u>, 31 Avenue Carnot, 06500 Menton, France Website: http://www.anglicanchurchmenton.com

> Sunday Service – Eucharist – 10.30 In the Chapelle St. Roch, Place Saint Roch, Menton

Priest-in-charge: David Hart, TSSF Tel. Fr. 04 93 57 20 25 Email: anglicanchurch.menton@gmail.com

Wardens:Valerie AucouturierTel. Fr. 04 93 57 36 53agh.va@free.frCarolyn Hanburyhanbury.carolyn@gmail.com

Communications:Suzanne Princesuzanne.prince@sfr.frFinance:Barbara CorryTel. Italy 0184 38 450beebee_b@libero.it

The Anglican Community, Bordighera, Italy

The English Cemetery Chapel, Via del Campo, Bordighera, Italy

Eucharist Service: usually 2nd Wednesday of each month – 10.30 Telephone for confirmation

Contact:	Barbara Corry	Tel. Italy 0184 38 450	beebee_b@libero.it
Finance:	Barbara Caula	Tel. Italy 339 66 89 122	
Editor:	Elizabeth Cordone		eacordone@gmail.com

The Church of the Holy Ghost,

Piazza Marsala 3, 16122 Genova, Italy Tel. Italy 010 88 92 68

Eucharist Service - Sundays 10.30 Holy Communion or Shared Prayers – Wednesdays 12.30 Website: www.anglicanchurchgenoa.org

The English Library, St. John's Church, Menton – Closed at present

Books available on loan in The Louvre on Saturday mornings from 9.30-11.30 Refreshments also available

<u>The British Association</u> – Chair: Birgitt Nordbrink Tel. 04 93 28 10 02 A representative of the Association is present in the Louvre, Saturdays 9.30-11.30

ТНЕ

CROSS BORDER

JUNE 2015

St. John's Anglican Church 31 Avenue Carnot 06500 Menton France The Anglican Community The English Cemetery Chapel Bordighera Italy

Cost to produce 60 cents per copy. Your donation welcome.

St. John's Church At present services are held in the chapel of St. Roch, Menton

Website: anglicanchurchmenton.com

June	7	1 st Sunday after Trinity	Eucharist 10.30
	14	2 nd Sunday after Trinity	Eucharist 10.30
دد	21	3 rd Sunday after Trinity	Eucharist 10.30
	28	4 th Sunday after Trinity	Eucharist 10.30
July	5	5 th Sunday after Trinity	Eucharist 10.30

PRAYER CIRCLE PILGRIMAGE to The Church of the Holy Ghost, Piazza Marsala 3, Genova Wednesday 3 June – 12.30pm Service and Prayers

The Chapel, the English Cemetery, Bordighera

EUCHARIST 10.30 - WEDNESDAY 10 JUNE

Please check date and time of service with Barbara Corry (join us at lunch after the service in a Restaurant in Bordighera Alta)

The Church of the Holy Ghost, Genova

SUNDAYS - EUCHARIST - 10.30

WEDNESDAYS - Holy Communion or Shared Prayers - 12.30

See the website for more information: www.anglicanchurchgenoa

Baptized persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and are in good standing in their own Church shall be admitted to Communion in accordance with Canon B 15A.

Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing.

The Devil's Beatitudes ...

Blessed are those who are too tired, busy or disorganized to meet with their fellow Christians on Sundays each week - they are my best workers.

Blessed are they who enjoy noticing the mannerisms of clergy, choir and stewards - I can see their heart is not in it.

Blessed are the Christians who wait to be asked and expect to be thanked - I can use them.

Blessed are the touchy - with a bit of luck they can even stop going to church.

Blessed are they who keep themselves and their time and money to themselves - they are my missionaries.

Blessed are they who claim to love their God at the same time as hating other people - they are mine for ever.

Blessed are they who have no time to pray - they are easy prey to me.

Blessed are you when you read this and think it's about other people and not about yourself - I've got you!

(from Bethel Baptist Church magazine)

A thought to ponder

To forgive is to set the prisoner free and then discover the prisoner was you.

CARROT CREAM FLAN

INGREDIENTS

Peanut potato pastry

4oz. Potatoes – cooked and mashed 2oz. Salted peanuts – finely ground 6oz. Flour 1tsp. Baking powder 2oz. Butter water to bind

METHOD

Filling

2 eggs ¹/₄ pint of single cream ¹/₄ pint of milk salt and pepper 8oz. Potato – grated 8oz. Carrots – coarsely grated 1 onion – finely chopped 2 tablespoons of chutney 3oz. Cheddar cheese – grated

(9)

Make the pastry by creaming the utter and adding all the other ingredients. Knead on a floured board and mould into a 10" flan ring. Beat together the eggs, cream, milk, salt and pepper. Squeeze the excess water out of the potatoes and add to the egg mixture along with the carrots, onions and chutney, blending the ingredients well together. Spoon into the pastry case. Scatter the cheese over the flan and bake at $200^{\circ}C/400^{\circ}F/gas$ mark 6 for 20 mins. Reduce the heat to $180^{\circ}C/350^{\circ}F/gas$ mark 4 and continue cooking for 15 - 20 mins.

The Lord is faithful to all his promises and loving towards all he has made. The Lord upholds all those who fall and lifts up all who are bowed down. The eyes of all look to you, and you give them their food at the proper time, you open your hand and satisfy the desires of every living thing. The Lord is righteous in all his ways and loving towards all he has made. The Lord is near to all who call on him, to all who call upon him in truth. He fulfills the desires of those who fear him; he hears their cry and saves them. The Lord watches over all who love him, but all the wicked he will destroy. My mouth will speak in praise of the Lord. Let every creature praise his holy name for ever and ever. [Psalm 145 : 13-21]

First Free-standing Archdeacon for the Diocese

The Diocese in Europe has appointed its first free-standing Archdeacon to share in its future development and mission. The Venerable Colin Williams is currently Team Rector of Ludlow in Shropshire. He has previously been Archdeacon of Lancaster, and he served for 5 years as General Secretary of CEC, based in Geneva. He will have responsibilities for the Archdeaconry of the East and for the Archdeaconry of Germany and North Europe. Bishop Robert said "We trust and pray that Colin's appointment will be a significant boon to the pastoral care of our clergy, parishes and congregations and to the mission of the Diocese in Europe."

Prayer Circle – Pilgrimage to the Church of the Holy Ghost, Genova. The Prayer Circle invites any who would like to join them at the Eucharist in our sister church of the Holy Ghost on Wednesday 3rd June at 12.30pm, where they will be joined by Paddy Holmes, a member of the Prayer Circle since it began during Revd. Brian Warrillow's chaplaincy at St. John's. The Eucharist will be followed by a prayer meeting and fellowship time with our friends from the church in Genova.

Our Man in Rome" on BBC Radio Four

If you did not know which church in the Diocese in Europe historically numbered among its worshippers the poet Robert Browning and nurse Florence Nightingale you could have found the answers to these and other mysteries on BBC Radio Four on Monday 25 May 2015.

The Venerable Jonathan Boardman, Chaplain of All Saints Rome and Archdeacon of Italy and Malta, was featured in a documentary programme called "The Ghetto Inglese" during which he explained about the links between the English and Rome – and vice versa.

The programme also featured the BBC's veteran Rome Correspondent David Willey, who has reported on life in the Eternal City for some 50 years.

Jonathan Boardman's contribution included the fascinating story about how two inventive women church members managed to hide and protect the church silver during World War II when was closed between 1940 and 1944.

The programme is available on the BBC 'Listen Again' feature <u>http://www.bbc.co.uk/programmes/b05vx4dz</u>

(from The Diocesan Website - www.europe.anglican.org)

God in the Arts

The Rev. Michael Burgess looks at an icon of Christ the true vine, from the 16^{th} century. It is in the Byzantine and Christian Museum in Athens. You can view it by googling 'Christ the true vine, Athens 16^{th} century' – look at images.

'I AM THE TRUE VINE'

We focus on an image of Christ that has been powerful and influential from the first centuries of the Church: Jesus the vine. We think of grapes and the vine as symbols of the eucharist and the sacrifice of Jesus, but early artists borrowed their inspiration from Greek and Roman sources with Dionysos (or Bacchus), the god of wine. For pagan believers, wine was a sign of intoxication and renewal of life, and Dionysos was a god who died and rose again. Under that influence, sculptors would carve vines on Christian tombs as a sign of that promise of new life.

But those artists were also influenced by the vine as an image of the people of Israel in the Old Testament, with God as the vintner tending his vine, as they were influenced by our Lord's own words in St John's Gospel. When Jesus talked of himself as the vine, he was pointing to two truths. The first was the connection between the vine and the grapes; it was a symbol for the intimate relationship between Jesus and his followers. They are the grapes, because they receive their fruitfulness from Jesus. Without him, there would be no growth, no maturity, no fruit. 'Whoever remains in me, with me in him, bears fruit in plenty.'

The second truth in this image is the wine that can bring life a new taste. Just as Jesus changed water into wine, his whole life was one of transformation – bringing water to the thirsty, sight to the blind, light to those in darkness, forgiveness to the sinner, and eternal life to those burdened by this world and the reality of death. The wine is a symbol of that goodness and flavour, both in creation and in salvation – the wine at the dinner party, and the wine in the chalice in communion. Jesus as the true vine brings that flavour and goodness to us.

Both truths speak out to us from the image of Jesus in an icon. In the Orthodox Church the icon is a window into the kingdom of heaven. As we stand and pray before the icon, if we can bridge 'the distance of the heart' (the space between the human eye and the icon), then God can reveal his glory to us. Here we see the face of Jesus in a 16th century icon, which is in the Byzantine and Christian Museum in Athens – the icon of Christ the true vine. He looks out at us, the Gospel book in his lap and his hands outstretched to bless the 12 disciples.

God has given us two hands – one to receive with and the other to give with. We are not cisterns made for hoarding; we are channels made for sharing. (Billy Graham)

<u>Statistic of the month:</u>

If you are over 45, no wonder the world feels a bit crowded

Five years ago an interesting comment was given in a book about population growth in the 20th century. It said, "If you are 45, you will have lived through a doubling of the earth's population. No other generation has ever experienced that."

At first sight the figures seem strange. Is it *really* true? The earth's population reached its first billion around 1815, the time of the Battle of Waterloo, and the second billion about 1927, more than a century later. The third billion was reached after another 33 years in 1960, and the 4 billion mark came after just 14 years in 1974. A person who was 45 in 2010 was born in 1965, when the population was about 3.3 billion. By 2010 it had grown to 6.7 billion, double what it was 45 years before. Since the 1960s the world population has been increasing by about a billion every 12 to 14 years, and was projected to reach 7 billion by 2012 and 8 billion by 2025.

Whereas 50 years ago perhaps a third of the world's population was under 30, that had grown to 50% by the year 2000. However, the world's youthfulness has started to shrink owing to falling fertility rates and these high proportions of youth will probably not be seen again. It is not just that fewer children are being born, but people are also living longer. The proportion of people over 60 worldwide in 2009 was 11%; by 2050 this percentage is predicted to be 22% by the UN Census Bureau.

Or, put another way, it has been calculated that half the number of people who have ever reached the age of 65 are alive today.

These things are beautiful beyond belief; the pleasant weakness that comes after pain, the radiant greenness that comes after rain, the deepening faith that follows after grief, and the awakening to love again.

'There is a time for everything and a season for every

activity under heaven'says Ecclesiastes, and now is the time to go up into the hills, to breathe in the scented air of the myriads of flowers in bloom, to walk along the sandy footpaths through the dappled glades and woods under the fresh green leaves of the chestnut trees, the acacia, the oak, the fruit trees gone wild from a bygone age when the Ligurians from the coast spent the hot summer months in the hills, tending their sheep and goats and subsisting on their produce.

Just a 20 minute drive into this restful haven – no more asphalt – only dirt tracks and footpaths – the twitter of birds; silence; the crackle of dry leaves as a mouse or squirrel is disturbed; the quiet swish of a snake as it glides down a tree trunk; silence again.

Further up, the pine trees move with the wind, the sun makes its warmth felt, the valleys role into the distance, the tiny villages cling to the hilltops; no road of access visible to reach them through the deep green forests.

Just a morning to recharge the tired body and mind, to thank God for his Creation, to feel close to Him. There is much to be thankful for.

'I lift up my eyes to the hills. From whence does my help come? My help comes from the Lord, who made heaven and earth.' (psalm 121:1,2) Editor

<u>21st June – Summer Solstice</u>

Sol + *stice* come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December. *While the Druids worship at Stonehenge and elsewhere, here is a Canticle by St Francis of Assisi that honours the Creator rather than the created.*

Praised be You, my Lord, in all Your creatures, especially Sir Brother Sun, who makes the day and enlightens us through You. He is lovely and radiant and grand; and he heralds You, his Most High Lord.

READINGS IN JUNE

7 th	1 st Sunday after Trinity	First Reading Psalm Second Reading Gospel	Genesis 3. 8-15 130 2 Corinthians 4. 13- 5. 1 Mark 3. 20-35
14 th	2 nd Sunday after Trinity	First Reading Psalm Second Reading Gospel	Ezekiel 17. 22-24 92. 1-4, 11-14 Corinthians5.6-10,(11-13)14-17 Mark 4. 26-34
21 st	3rd Sunday after Trinity	First Reading Psalm Second Reading Gospel	Job 38. 1-11 107. 1-3, 23-32 2 Corinthians 6. 1-13 Mark 4. 35-41
28 th	4 th Sunday after Trinity	First Reading Psalm Second Reading Gospel	Wisdom 1.13-15; 2.23-24 30 2 Corinthians 8.7-15 Mark 5. 21-43

Why it doesn't take THAT much time to stay fit

Here may be some really good news: your body will get as much benefit from 10 minute bursts of intensive exercise as it does from 10 hours of moderate training.

A recent study in Ontario looked at the benefits of HIT – or high intensity interval training. The technique involves running, or cycling, at almost maximum effort for one minute and then resting for a minute before repeating the process around ten times. HIT can be a "time-efficient but safe alternative to traditional types of moderate long term exercise", researchers claimed.

"I want to throw open the windows of the Church so that we can see out and the people can see in." (Pope John XXIII 1881-1963)

(5)

PRAYERS FOR JUNE

Heavenly Father,

We acknowledge that all we have comes from You, and with a grateful heart we give You thanks, and pray for.....

- 1. may our eves be open and our hearts stirred by God's creation all around us
- 2. give thanks for our role in caring for Creation for future generations
- 3. Bless the service in Genova today with our friends of the church of the Holy Ghost
- 4. those who in faith give practical and pastoral care to people in danger
- 5. young people taking exams in school, college, university
- 6. the sick at home, in hospital or nursing homes : their comfort and healing
- 7. 'Whoever does the will of God is my brother and sister and mother' (Mark 3.35)
- 8. Diocesan Synod Meeting starting today clergy and lay members
- 9. Ask God to guide and give wisdom to the governments of our countries
- 10. may we make thoughtful, caring choices in all our relationships
- 11. Bless our churchwardens Valerie and Carolyn, and all Church Council members
- 12. Lord, use us all as living stones to build a community in Your name
- 13. current members of our congregation; ask God to guide more people to join us
- 14. 'With many parables he spoke the word to them, as they were able to hear it' (Mark 4.33)
- 15. Ask a blessing on our chaplain, David, and on all the work he does
- 16. resolve today to live a simple, sincere and serene life
- 17. give thanks for the pleasures of gardening
- 18. visitors to our church may they feel welcome give thanks for their support
- 19. give thanks for the clean water in our homes; for the sea in which to swim
- 20. the elderly; may they continue to find meaning and contentment in their lives
- 21. 'Why are you afraid? Have you still no faith? (Mark 40.40)
- 22. for strength and the faith needed to continue along Christ's Way
- 23. all those who live on the margins of society help us to reach our to them
- 24. give thanks for kind friends and neighbours; pray for their needs
- 25. the oppressed; those persecuted for their faith; those living in poverty
- 26. give thanks for newspapers, magazines, TV, mobile phones keeping us informed
- 27. our sister churches in Genova and Nijmegen their locums, their needs
- 28. 'Daughter your faith has made you well; go in peace and be healed of your disease ' (Mark 5. 34)
- 29. ask God to bless those who try to aid refugees to a full life
- 30. we thank you, Lord, for this new day

Thank you for listening, Lord, May we, too, listen and act according to your will. Amen

The icon illustrates very vividly that metaphor of Jesus when he says that he is the vine and they are the branches. But those hands are also welcoming us to be with the 12; they invite us to offer our lives to live in Jesus.

Anselm Grün, a German Benedictine, tells how one of his fellow monks wondered what a difference there would have been if Jesus had said. 'I am a slimming camomile tea.' But no, he says to us in the gospel and in the icon, 'I am the true vine'; live in me like my 12 disciples and your lives can be fruitful in my service.

Collections

April 5th €276 - 12th €100 - 19th €116,50 - 26th €206 St. John's **Bordighera** - May 13th €70.00

THE EXAM SEASON

Over the next month or so, young people will be taking exams which may have an important effect on their future lives.

Let us support them at this time in particular through our prayers.

One for us to pray:-

One for young people to pray:-

Dear Lord.

(7)

Our Young People need your help. *They need a calm mind; grant them* your peace.

They need a clear head; grant them wisdom.

They need to be careful; grant them *vour patience.*

They need to be inspired; grant them vour enthusiasm.

Keep them from panic as they put their trust in your power to keep them this dav.

O God. we start exams tomorrow. I've studied hard but I'm sure I haven't learned enough and I cannot always remember what I've learned.

Please help me to keep calm and not to be worried, so that I'll remember what I've learned and do my best. Then, if I fail, I need not be ashamed and if I pass, please help me not to boast but give my thanks to you for helping me to use the gifts which you have given.